

2022 Long Course Championships

Event Schedule

Sunday January 23				Monday January 24			
Session 4				Session 6			
Doors open 2.30pm, warm up 2.45pm, racing starts 3.30pm				Doors open 8.00am, warm up 8.20am, racing starts 9.00am			
22	400 Free	F	T/F	23	1500 Free	M	T/F
13	200 IM	M	FINAL	24	1500 Free	F	T/F
14	100 Free	F	FINAL	33	400 IM	M	T/F
15	100 Free	M	FINAL	34	400 IM	F	T/F
16	200 Back	F	FINAL				
17	200 Back	M	FINAL				
18	50 Breast	F	FINAL				
19	50 Breast	M	FINAL				
20	100 Fly	F	FINAL				
21	100 Fly	M	FINAL				
30 minute break							
Session 5							
Racing starts at approximately 6.15pm, no warm up							
25	100 Back	M	T/F				
26	100 Back	F	T/F				
27	200 Fly	M	T/F				
28	200 Fly	F	T/F				
29	50 Free	M	T/F				
30	50 Free	F	T/F				
31	200 Breast	M	T/F				
32	200 Breast	F	T/F				

